

# Community Based Respite

Respite can take place in the community in group settings through organizations that provide services to people with disabilities. You can get respite services if you or your loved one is a client of the Developmental Disabilities Administration (DDA). To access community based respite you must have a DDA Home and Community Based Services (HCBS) waiver. Respite is offered through the Individual and Family Services waiver, the Basic Plus waiver, the Core waiver, and the CIIBS waiver. The Individual and Family Services waiver (commonly referred to as IFS) is the most accessible waiver to DDA clients.



if you are in DDA and want to apply for IFS, call DDA's Service Request Line at 800-974-4428. This is a message line and you leave the full name and birth date of the DDA client, your contact information and what specific services you need. An example of a specific service could be "I need respite because I am the sole caregiver and need a break." DDA will perform an assessment, regardless of the waiver or services they may offer you. The assessment determines the amount of funds based awarded to the person based on their need; these funds may be used for respite and/or other services.

