

2023



# Start with The Arc

*The Arc of Grays Harbor is a non-profit organization that advocates for and supports a better quality of life for people with intellectual and developmental disabilities.*

## Who We Are

As a non-profit 501(c)(3) organization, The Arc of Grays Harbor is composed of individuals with intellectual and developmental disabilities, their families, professionals, and concerned members of the community.

Along with our network of members and chapters, we support, empower, connect, and inform individuals and families; improve support and service systems; influence public policy; increase public awareness; and inspire inclusive communities.

The Arc of Grays Harbor is affiliated with The Arc of the United States and local chapters of The Arc throughout Washington State.

We partner with people to advocate for the right to live with the independence they desire—one community, one family, one person at a time. The Arc promotes self-sufficiency and civil rights for people with intellectual and developmental disabilities through community partnerships, outreach and advocacy.

People with IDD and their families need varying levels of support and services throughout their lives. Our service resources are developed to meet those needs by providing sufficient support and advocacy while also promoting autonomy and independence.

We welcome anyone to contact us with questions or concerns regarding intellectual or developmental disabilities which include Down syndrome, Autism spectrum, cerebral palsy, epilepsy, cognitive disabilities, and other similar conditions which occur in one's life.

Our role is to provide meaningful services and share resources and information with people with disabilities, their family members, friends, community partners and professionals.

Start with The Arc!



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You are not alone,  
we've been there and we are here for you.

## Our Work Lasts a Lifetime

The Arc of Grays Harbor advocates for quality services and necessary funding to meet the needs of people with intellectual and developmental disabilities and their families including special education, Parent to Parent services, employment and residential supports, health care, transportation, respite and inclusion in the community.



We offer support and services throughout the lifespan. From birth through adulthood we are there to support individuals and families.



We host legislative forums each year to help inform our local legislators about issues that affect people with IDD and their families.



We offer parent support groups and a yearly educational workshop series for families.



Our website is full of up to date information and resources. Our Community Resource Directory is a great place to find information about local services.



Our staff is here to offer support, guidance, information, and referrals. See our contact information below.

## Services We Offer

**Community Engagement** services provide meaningful inclusion in the community and are funded through the Developmental Disabilities Administration.

**Parent to Parent** of Grays Harbor and Pacific County provides support for parents of a child with a disability or special healthcare need services include monthly parent support meetings, Helping Parent matches, and educational workshops.

**Information and Education** services connect individuals, families, and agencies with help and information.

**Help applying for services** from other agencies, such as Social Security and the Developmental Disabilities Administration

**Community Liaison Services** to attend IEP and 504 Plan meetings and inform students, families, school staff, and interested parties about the community resources available to them.

**Advocacy** to inform and educates elected officials, individuals with disabilities, family members and interested parties about legislative issues under consideration and how it may affect people with disabilities and their families.

**Social Clubs** to promote social engagement and prevent isolation. Our clubs include a cooking club called Foodster's, and a crafting/social activity club called The We Can Club. Both clubs run once a month and are open to the community.

**Educational Workshops**, Training, and Presentations to inform individuals, families, and community members about topics such as guardianship, education, finances, and more.

**Pre-Employment Transition Services** providing workplace readiness training, work-based learning, self-advocacy, including paid internships, to a group of students with disabilities.

**Help with Transitions** from high school to adult life, including a yearly Transitions Fair and transition resources on our website.

